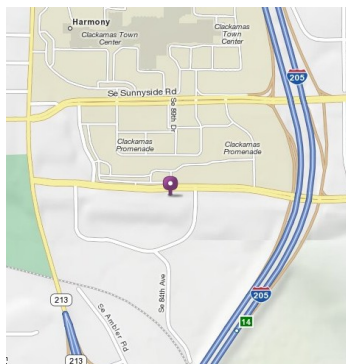


Clackamas - Milwaukie Injury Rehabilitation

www.ClackamasInjuryRehab.com

Physical Therapy Referral

8810 SE Sunnybrook Blvd
Ste 100
(next to 24hr Fitness)
503-607-2226
Fax 503-659-2276



Same day
appointments
and
water therapy
available.

MVA's
our are specialty

Patient Name _____ Date _____

Patient Phone _____

ICD-9 _____ Date of Injury _____

Diagnosis _____

Treatment Goals _____

Special Orders / Precautions _____

Diagnostic Results _____

Evaluate & Treat

Modalities

- Hot Packs
- Ultrasound
- Phonophoresis
- Electrical Stimulation
- Cervical Traction
- Pelvic Traction
- Cryotherapy
- TENS
- Iontophoresis

Manual Therapy

- Soft Tissue Mobilization
- Joint Mobilization
- Massage
- Aqua Therapy (Pool)

Exercises

- Progressive Resistive
- Isometric
- Closed Chain
- Stabilization
- Active ROM
- Passive ROM
- Sport Specific Training
- General Conditioning

Industrial

- Physical Capacity Evaluation
- Work Conditioning

Education

- Postural / Body Mechanics
- Home Exercise Program

R _x Frequency	times / week	R _x Duration	week(s)
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Physician Name _____

Physician Signature _____ Date _____

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