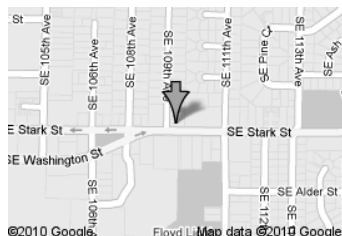


# Gateway Sports Medicine & Injury Rehabilitation

www.gatewaysportsmedicine.com

## Physical Therapy Referral

**Gateway**  
Sports Medicine &  
Rehabilitation PC  
10915 SE Stark St  
Portland, OR 97216  
503-261-1120



Patient Name	Date
Patient Phone	
ICD-9	Date of Injury
Diagnosis	
Treatment Goals	
Special Orders / Precautions	
Diagnostic Results	

### Evaluate & Treat

#### Modalities

- Hot Packs
- Ultrasound
- Phonophoresis
- Electrical Stimulation
- Cervical Traction
- Pelvic Traction
- Cryotherapy
- TENS
- Iontophoresis

#### Manual Therapy

- Soft Tissue Mobilization
- Joint Mobilization
- Massage

#### Exercises

- Progressive Resistive
- Isometric
- Closed Chain
- Stabilization
- Active ROM
- Passive ROM
- Sport Specific Training
- General Conditioning

#### Industrial

- Physical Capacity Evaluation
- Work Conditioning

#### Education

- Postural / Body Mechanics
- Home Exercise Program

R <sub>x</sub> Frequency	times / week	R <sub>x</sub> Duration	week(s)
Physician Name			
Physician Signature		Date	

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